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# Financial Disclosure

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Department of Cytopathology

We have no financial disclosures.

Basic Introduction to Circulating  
Tumor cells (CTCs)  
&  
The CellSearch™ System

# Objectives

- Evaluate the use of CTCs and CellSearch (Veridex, Raritan, NJ) in the management of patients with cancer
- Discuss the cytopathologist's role in measuring CTCs
- Describe the integration of CTC assessment into the practice of cytopathology
- Identify and evaluate CTCs in peripheral blood

# Definition

- Circulating tumor cells (CTCs): cancer cells shed from either the primary tumor or its metastases
  - Epithelial cells derived from solid tumors
  - Metastatic disease is responsible for most cancer deaths (>90%).



# History of CTCs

- Tumor cells were first identified in the blood stream of patients in (1869) by Thomas Ashworth
- Engel, 1955: cancer cells in the peripheral blood of pts with various types of cancer.
- Hematologists, Cytologists & Surgeons: background in Papanicolou & Romanowsky stains: morphologic criteria for cancer cells

# ACTA CYTOLOGICA

THE JOURNAL OF EXFOLIATIVE CYTOLOGY

Volume 9 • 1965

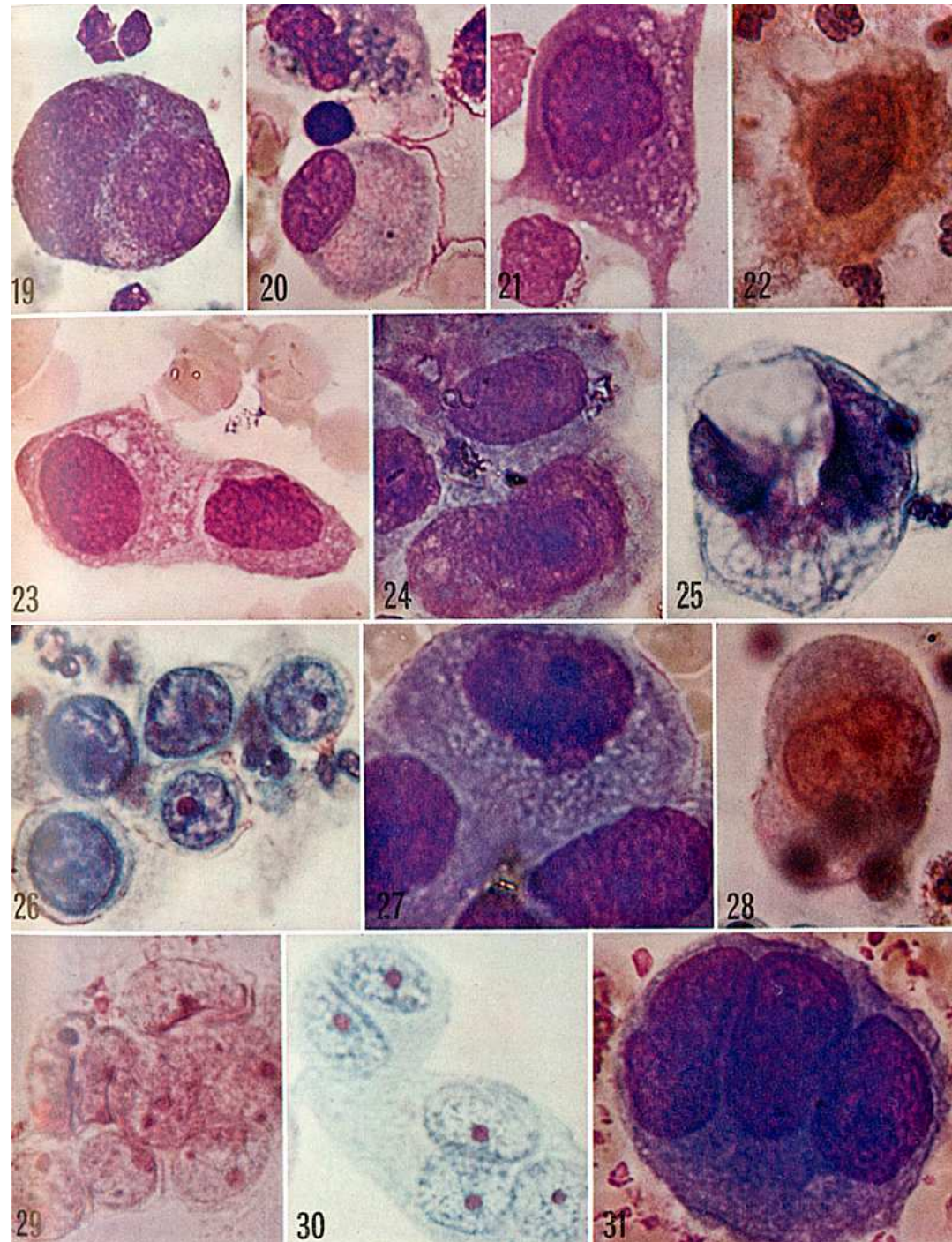
The Williams & Wilkins Company  
Baltimore, Maryland 21202

Symposium on Tumor Cells in the Circulating Blood

PART I  
ELI M. NADEL, M.D.  
GUEST EDITOR



Slide Seminar The  
Circulating Cancer  
Cell Cooperative  
(CCCC): NCI  
Identification of  
CTC: Morphologic  
criteria





## National Cancer Institute Diagnostic Research Branch

- The Circulating Cancer Cell Cooperative 1962:
- Morphology, techniques and patient selection
  - Conclusion : “More extensive well-controlled studies, improved techniques, sharper criteria for recognition of tumor cells are required.”
- Immunofluorescence technique by Coons et al: labeling of antibodies with fluorochromes improved the specificity of detection of CTC.
- Value to cytologic diagnosis of CTC

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Circulating Tumor Cells, Disease Progression, and Survival in Metastatic Breast Cancer

Massimo Cristofanilli, M.D., G. Thomas Budd, M.D., Matthew J. Ellis, M.B., Ph.D.,  
Alison Stopeck, M.D., Jeri Matera, B.S., R.Ph., M. Craig Miller, B.S.,  
James M. Reuben, Ph.D., Gerald V. Doyle, D.D.S., W. Jeffrey Allard, Ph.D.,  
Leon W.M.M. Terstappen, M.D., Ph.D., and Daniel F. Hayes, M.D.

# Utility CTC Measurement

- CTC: Rare in healthy women and in patients with benign breast disease ( $<1$  per 7.5ml blood).
- Monitoring CTC (counts) can predict prognosis in many solid tumors, breast, prostate and colorectal cancers.
- Measuring changes in CTC counts help monitor patient outcome.
- Molecular characterization of CTCs (HER2, EGFR) help select patient's targeted therapy and limit metastases.

# Utility CTC Measurement

- The role of CTCs in blood is still under active investigation, their biological significance/therapeutic relevance is debated.
- Identification, enumeration and molecular characterization of CTCs could expand our understanding of the biology of metastases.
- Several strategies have been used for CTC enumeration.

# Techniques for CTC Enumeration

Antibody-based cytometric assays (intact tumor cells)

- IF based technology with monoclonal antibodies to epithelial specific antigens EpCAM, CK
- Epithelial tumors are detected

Molecular (nucleic acid-based assays): PCR/RT-PCR) techniques

- DNA or mRNA: transcripts for EpCam, CK; highly sensitive but lacks specificity

Enrichment: isolate CTCs

# Techniques for CTC Enumeration

- CellSearch system (Immunocon & Veridex, LLC): immunomagnetic/ immunofluorescent based technology to capture of epithelial cells (EpCAM) by ferrofluid
- CTC-chip: Microposts/columns coated with EpCAM ab on silicon chip
- FAST (Fiber-optic Array Scanning Technology): digital microscopy to scan labeled cells, 300,000 cells/min
- Oncoquick: density gradient
- MACS (Magnetic Activated Sorting system): immunobeads capture of epithelial cells
- Microfilter Device: ISET (isolation by size), polycarbonate filter with pore size 8  $\mu$ m. Live CTC capture measuring telomerase activity
- The Adna-Test Breast Cancer, RARE, Epispot



# CellSearch™ System

- Automated, standardized technology for CTC detection
- Based Immunomagnetic and immunofluorescence
- CellSearch system validated in multiple clinical trials
- FDA approved for CTC detection

# System Overview

- Instruments (CellTrack Auto autoprep system)
- Specimen collection, processing and Quality control
- Enumeration of CTCs for predicting progression-free and overall survival in patients with metastatic breast, colorectal and prostate cancer
- Clinical trial background and conclusions
- Interpretation of Results
- Limitations

# CellSearch™ System

- **Sample preparation system**
  - Cell Search Epithelial kit (Veridex Corporation, Warren NJ)  
Anti Epcam antibodies:  
Anticytokeratin antibodies conjugated to phycoerythrin (PE) 8,18 &19)  
Antibody to CD45 conjugated to allophycocyanin (APC): WBC,  
Nuclear dye (DAPI, 4'6-diamidino-2-phenylindole)  
Controls: Breast cancer cell line (SKBr3)
  - CellTracks AutoPrep system: Automated
- **Sample evaluation**
  - CellSpotter Analyser (Veridex, immunocon): CTC Identification and enumeration.
- **Interpretation of images:** operators (cytotec &pathologist)

# CellSearch™ System



MagNest®



Cell Search™  
Circulating Tumor Cell  
Kit



Off- Line  
Molecular Analysis



# Immunomagnetic CTC Selection

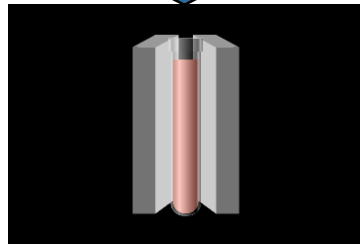
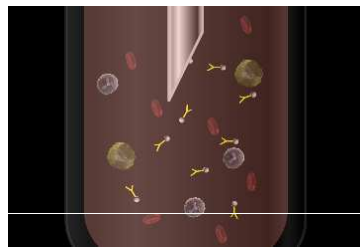
## Off-Line

7.5 ml blood from  
CellSave™  
Tube + Buffer

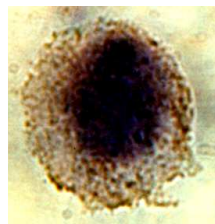


## Processing by the CellTracks™ AutoPrep System

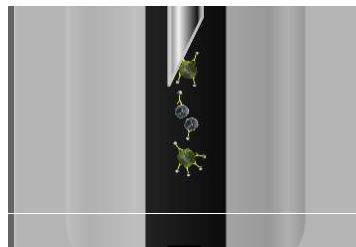
Aspirate plasma  
Add buffer  
Add ferrofluid.



Magnetic  
incubation

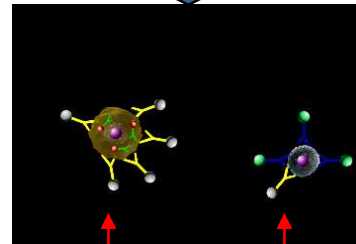


Aspirate fluid and  
un-labeled cells



Remove magnets.  
Re-suspend target  
cells in buffer

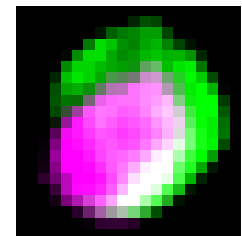
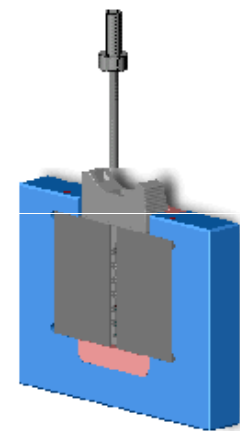
Permeabilize and  
add Staining  
Reagents



CTC

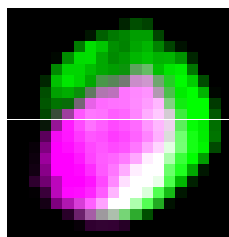
leukocyte

Transfer to  
MagNest™

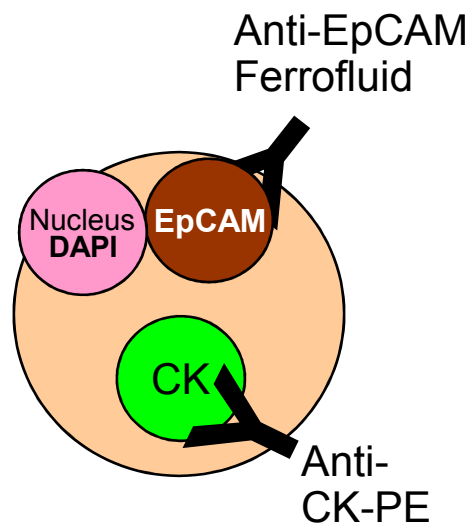




# Immunomagnetic Labeling and Immunofluorescent Identification of Cells



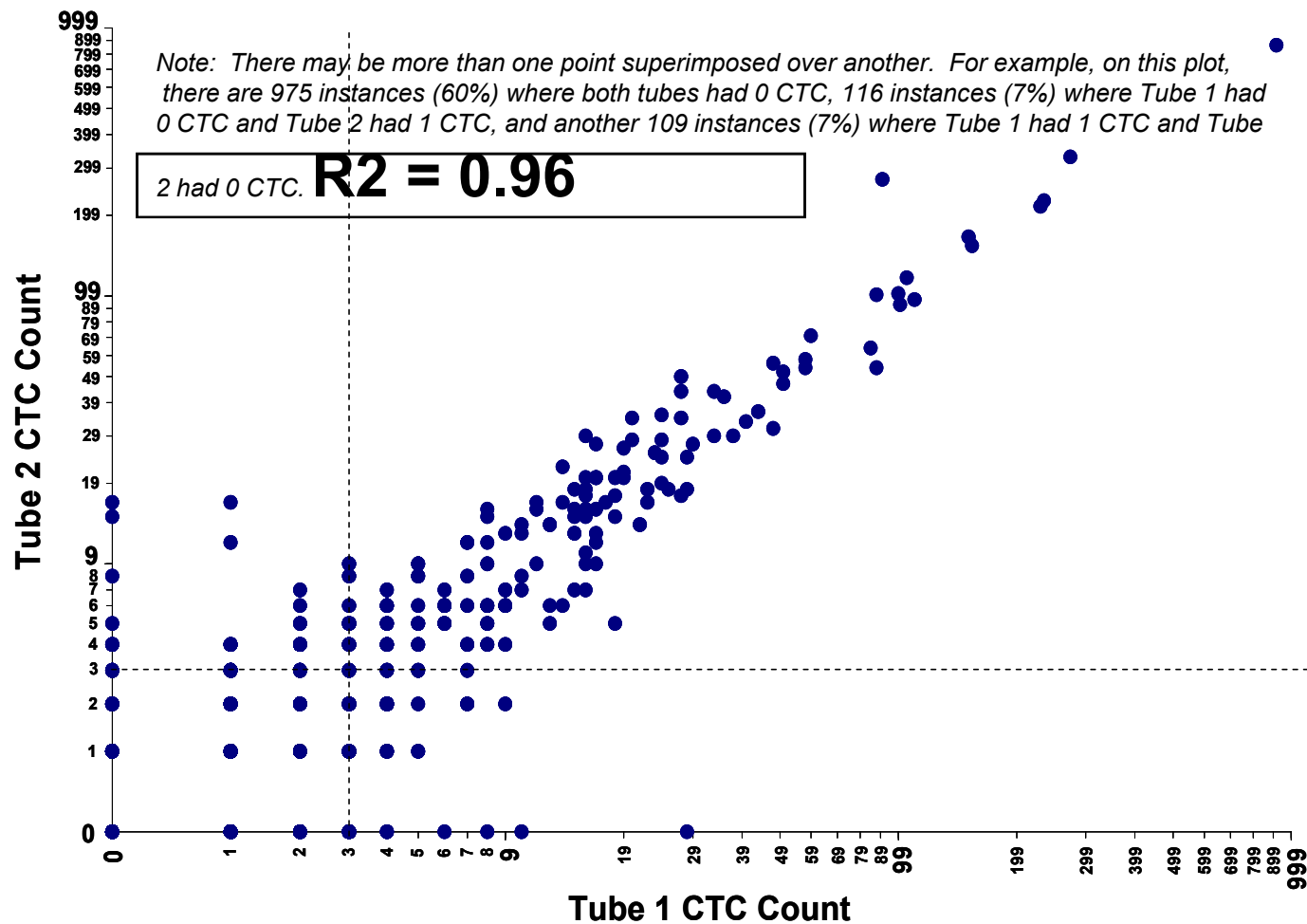
composite



**Circulating Tumor Cell**

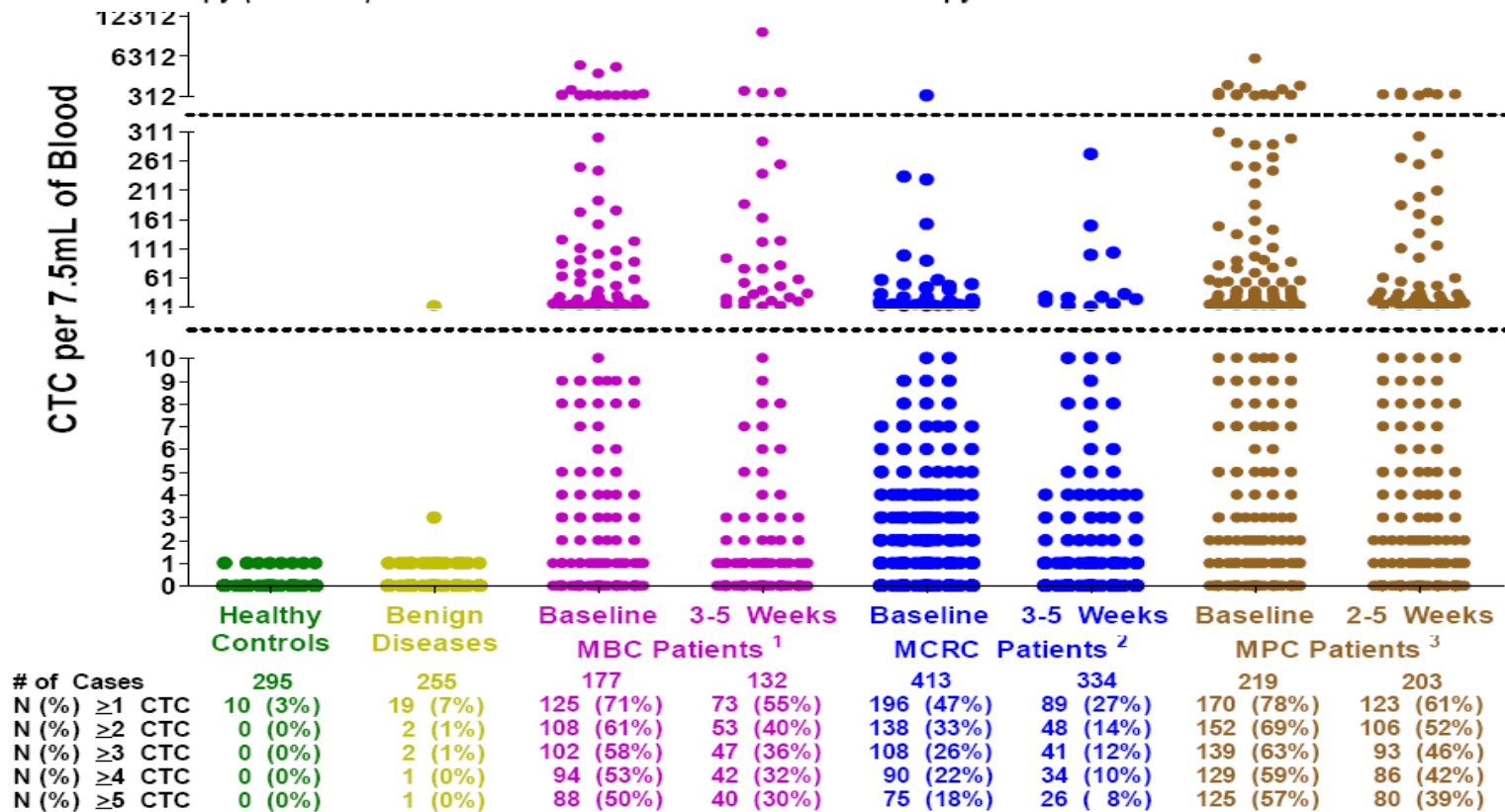


# CellSearch™ MCRC Reproducibility



# Frequency of CTCs: CellSearch™ System

Figure 1. Frequency of CTC in Controls (Subjects without Cancer) and Patients with Metastatic Breast<sup>1</sup> (MBC), Metastatic Colorectal<sup>2</sup> (MCRC) or Metastatic Prostate Cancer<sup>3</sup> (MPC) before Initiation of a new line of Therapy (Baseline) and ~2-5 weeks After the Initiation of Therapy.



<sup>1</sup>MBC reference population information on page 7 of the clinical IFU.

<sup>2</sup>MCRC reference population information on page 27 of the clinical IFU.

<sup>3</sup>MPC reference population information on page 46 of the clinical IFU.

# Clinical Trial

3 Prospective multi-institutional clinical trials assessed the performance of the CellSearch™ Assay

- Metastatic Breast Cancer (MBC) > 5 cutoff
- Metastatic Colorectal Cancer (MCRC) >3 cutoff
- Metastatic Prostate Cancer (MPC) >5 cutoff
- Selection of CTC cutoff : Prospectively identified in patients in a training set and confirmed in a validation set

## Metastatic Breast Cancer (MBC) cutoff $\geq 5$ CTC

*Circulating tumor cells, Disease Progression, and Survival in Metastatic Breast Cancer, Cristofanilli et al, Sem Oncol. 2006*

*Cristofanilli M, Budd GT, Ellis MJ, et al: Circulating tumor cells, disease progression, and survival in metastatic breast cancer. N Engl J Med 351:781-791, 2004*

# MBC Clinical Trial Design

177 MBC (metastatic breast cancer)(20 centers)

- Measurable disease, any type or line of therapy (first line, chemo Rx)
- (67%ER/PR+, HER2 52%)
- 145 healthy and 200 pts with benign disease
- Imaging and CTC analysis (prior to initiation of therapy)

CTC performed, 1 follow-up(~ 4 weeks) and 12 weeks

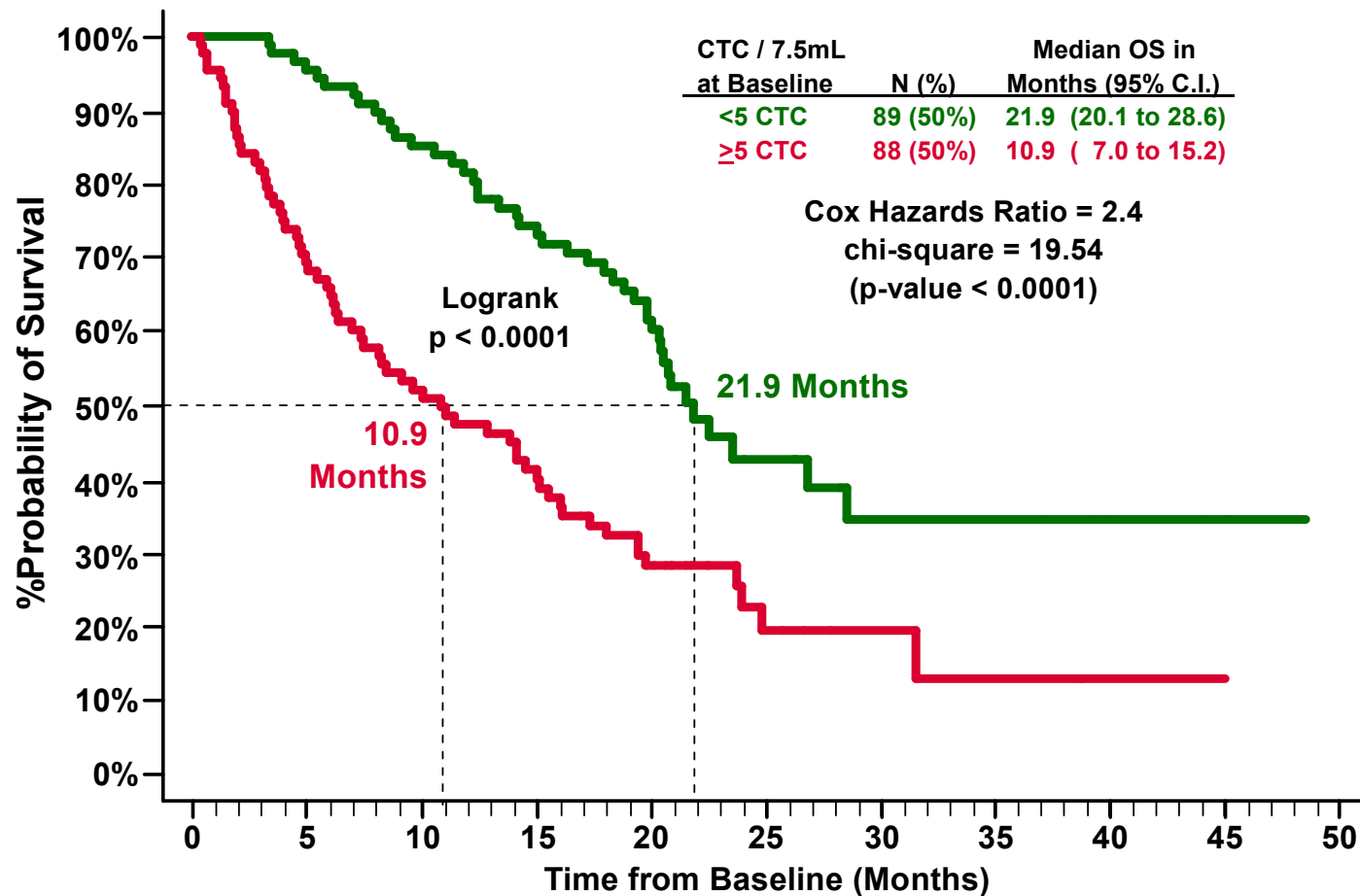
Duration of CTC: 6 months or until progression

Clinical follow up: 50 months

Imaging and clinical progression of disease at 12 weeks\*

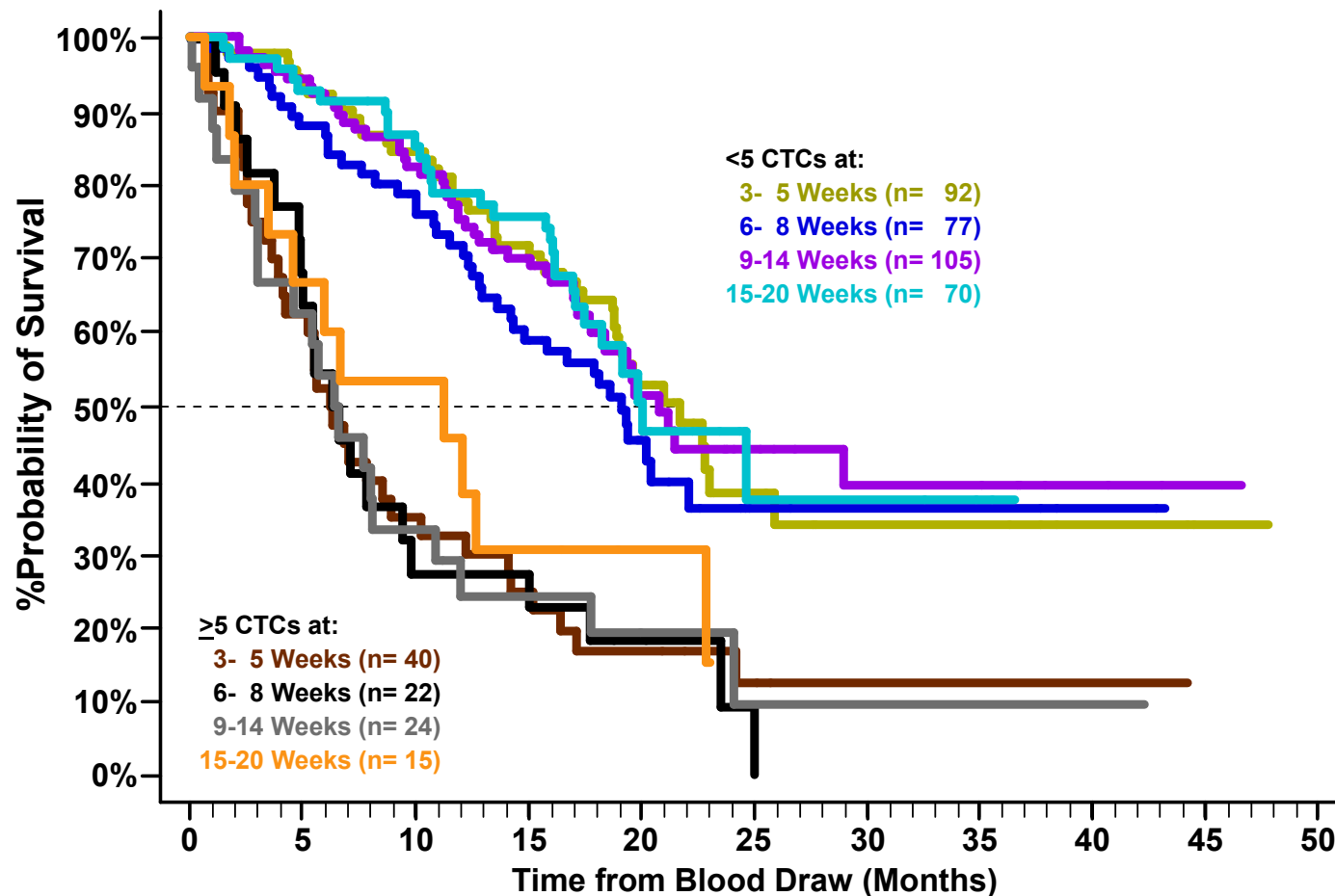
*\*Circulating tumor cells, disease Progression, and Survival in Metastatic Breast Cancer, Cristofanilli et al, NEJM 2004*

# Predictive Value: OS of MBC Patients with <5 or ≥5 CTC at Baseline (N=177)





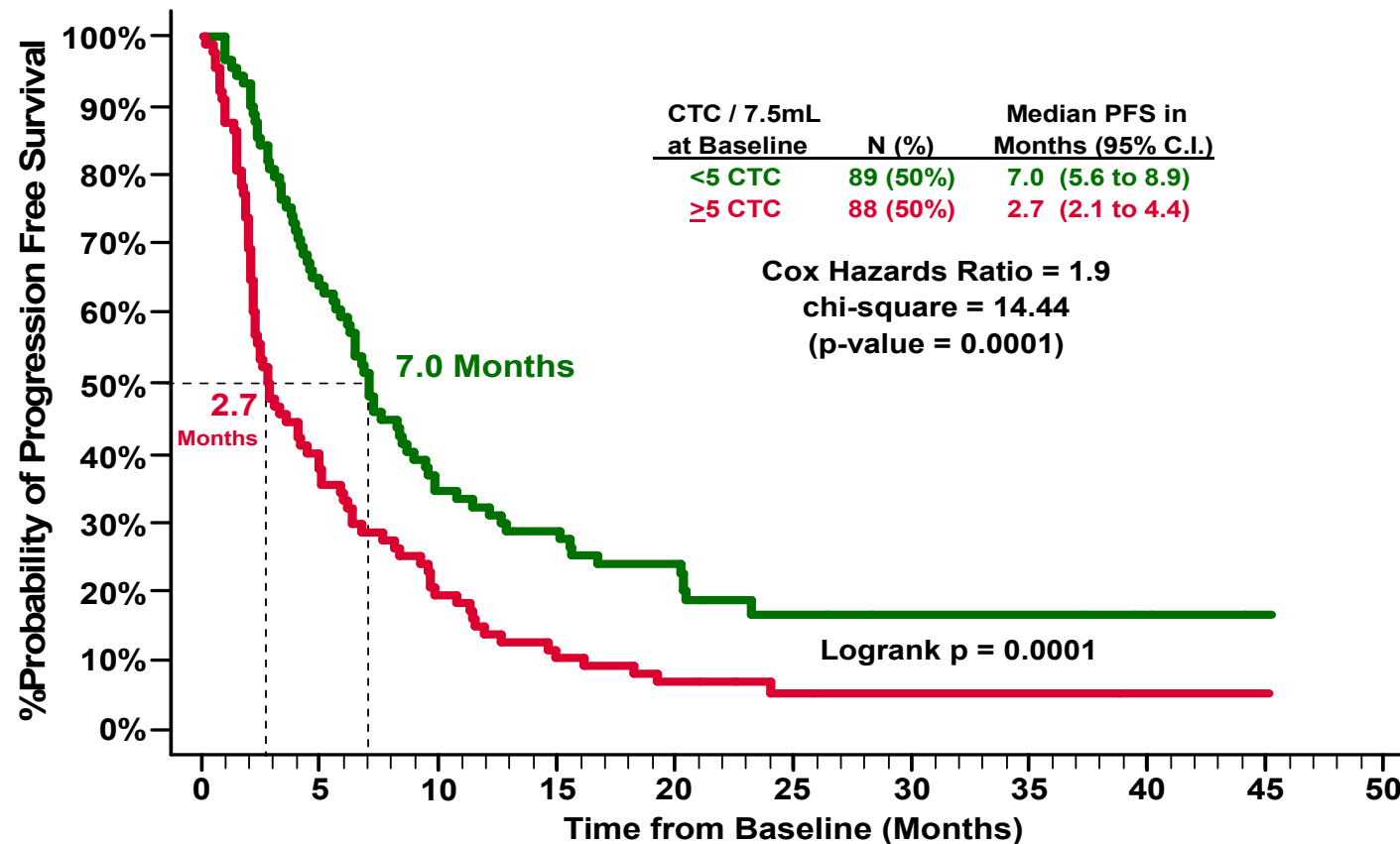
# Predictive Value: OS of MBC Patients with $<5$ or $\geq 5$ CTC at different times of Follow-Up



*Cristofanilli M, Budd T, Ellis M, et al, N Eng J Med. 2004*

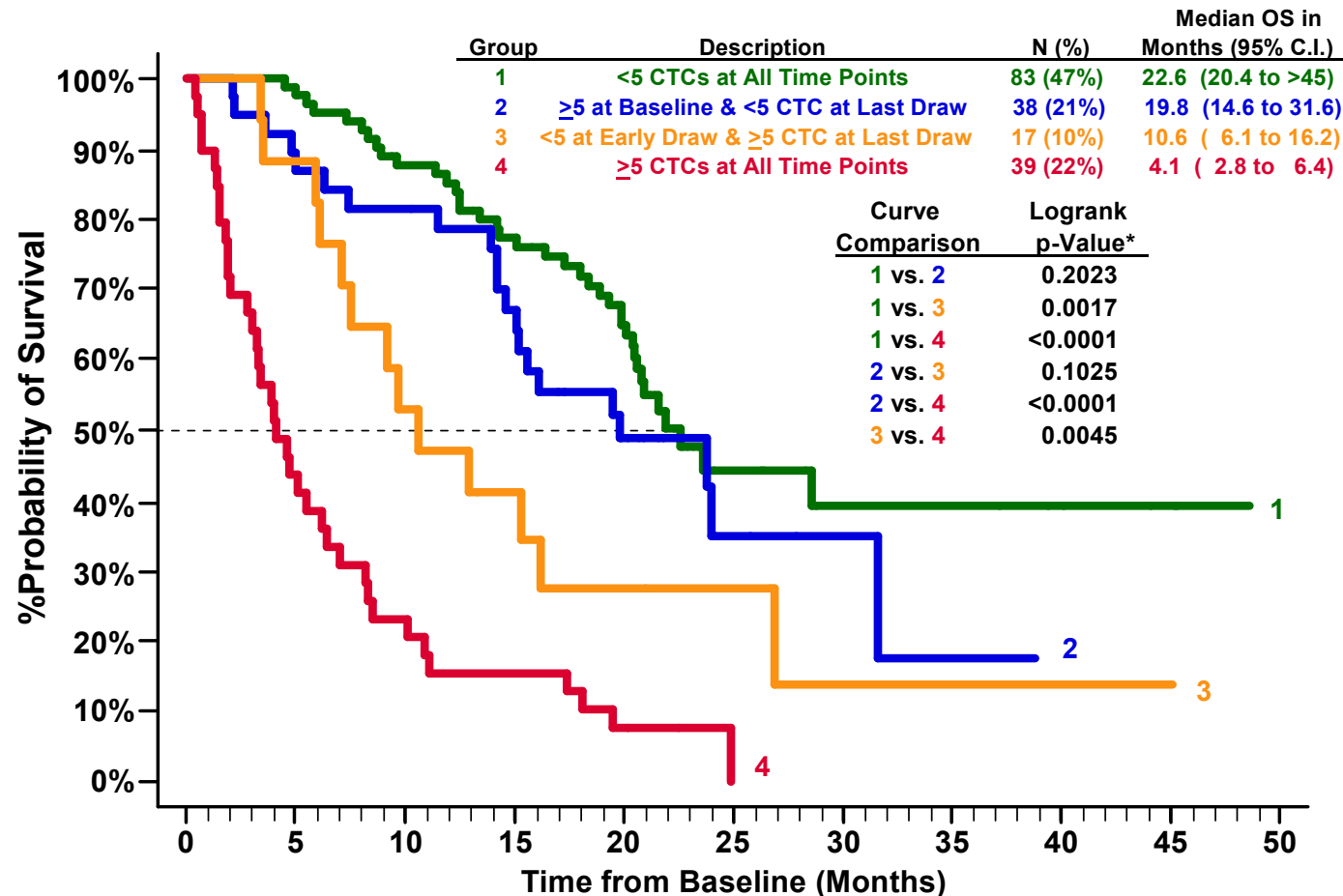
FOR INTERNAL AND EXTERNAL USE

# Predictive Value: PFS of MBC Patients with $<5$ or $\geq 5$ CTC at Baseline (N=177)



*Cristofanilli M, Budd T, Ellis M, et al, N Eng J Med. 2004*

# A Reduction in CTC Below 5 After the Initiation of Therapy Predicts Longer OS whereas an Increase in CTC Count to 5 or above Predicts a Shorter OS



*Cristofanilli M, Budd T, Ellis M, et al, N Eng J Med. 2004*

\*

## Metastatic Colorectal Cancers (MCRC) Cut off $\geq 3$ CTCs

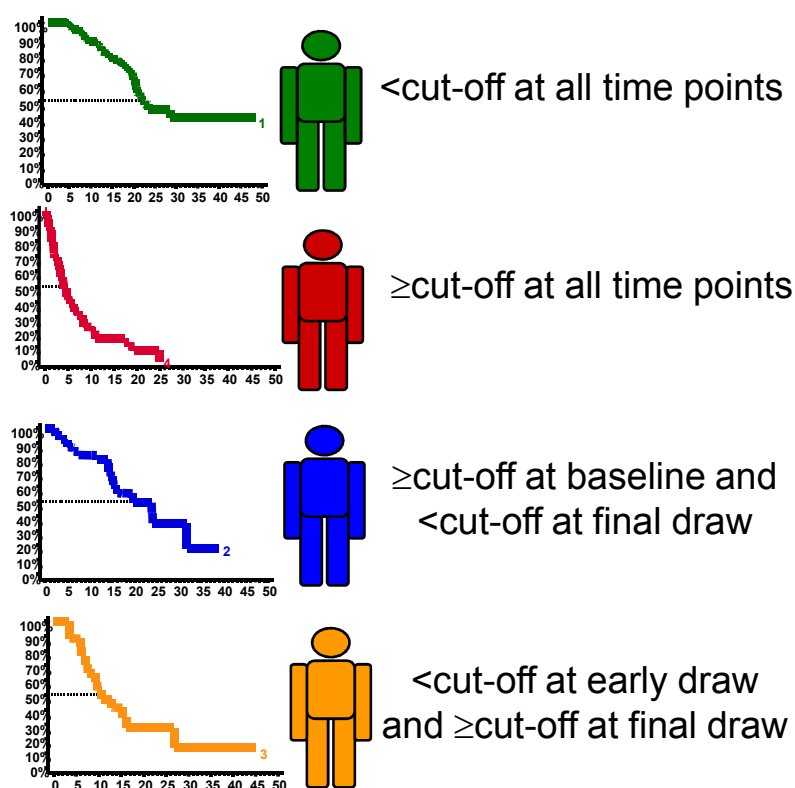
Cohen SJ, Punt CJ, Iannotti N et al:  
Relationship of circulating tumor cells to  
tumor response, progression-free survival,  
and overall survival in patients with meta-  
static colorectal cancer. J Clin Oncol 2008  
Jul 1;26(19):

## Metastatic Prostate Cancers (MPC)-K073338 Cut off $\geq 5$ CTCs

de Bono JS, Sher HI, Montgomery RB et al:  
Circulating tumor cells predict survival benefit from  
treatment in metastatic castration-resistant prostate  
cancer, Clin Can Res 2008 oct.

# MBC, MCRC, & MPC

## Median Overall Survival Comparison (in months)



MBC	MCRC	MPC
22.6	18.6	>26
4.1	3.9	6.8
19.8	11.7	21.3
10.6	7.1	9.3

# MBC, MCRC, and MPC Summary & Conclusion

MBC	MCRC	MPC
<ul style="list-style-type: none"> <li>• 177 patients</li> <li>• Cut-off = <math>\geq 5</math> CTC</li> <li>• Patients with <math>\geq 5</math> CTC at baseline = 50% (88/177 evaluable patients)</li> <li>• Should be used for serial monitoring</li> <li>• Predicts PFS and OS</li> <li>• Combination of CTC and imaging may provide the most accurate assessment of patient prognosis</li> </ul>	<ul style="list-style-type: none"> <li>• 430 patients</li> <li>• Cut-off = <math>\geq 3</math> CTC</li> <li>• Patients with <math>\geq 3</math> CTC at baseline = 26% (108/413 evaluable patients)</li> <li>• Should be used for serial monitoring</li> <li>• Predicts PFS and OS</li> <li>• Combination of CTC and imaging may provide the most accurate assessment of patient prognosis</li> </ul>	<ul style="list-style-type: none"> <li>• 231 patients</li> <li>• Cut-off = <math>\geq 5</math> CTC</li> <li>• Patients with <math>\geq 5</math> CTC at baseline = 57% (125/219 evaluable patients)</li> <li>• Should be used for serial monitoring</li> <li>• Predicts PFS and OS</li> <li>• Combination of CTC and PSA may provide the most accurate assessment of patient prognosis</li> </ul>

## CellSearch™ System Limitations

- Results should be used in conjunction with diagnostic tests (lab, imaging), physical exam and medical history.
- Not proven to affect overall health outcomes in patients with metastatic carcinoma
- Potential for monitoring patients
- Insufficient evidence as a marker of disease progression.



# Yale CTC Experience

CellSearch (Veridex device) 2006

- >1000 CTC tests
- Clinicians (Oncologists): breast, colorectal and lung cancers
- Guide treatment, research use
- CTCs investigated for HER2/neu protein expression in breast cancer patient's

# Interpretation

- Pathologist and cytotechnologist (certified by Veridex)
- CTC are defined as:
  - Nucleated cells lacking CD45 and express CK (8,18 & 19).
  - Morphology (round or oval with a nucleus within the cytoplasm).
  - Size (4um)
  - Heterogeneity (morphology and size).

# Tumor Cell



Cytoplasm

Nucleus

Cell Membrane

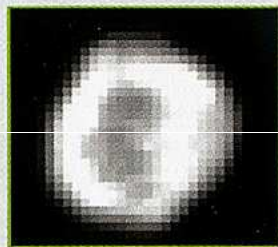
Composite

CK-PE  
pos

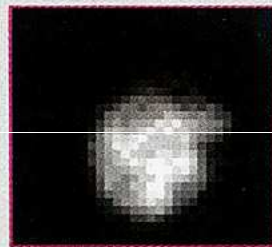
DAPI  
pos

CD45-APC  
neg

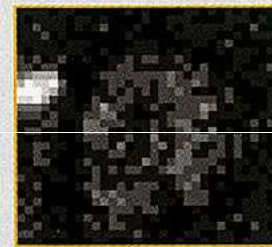
Tumor Cell



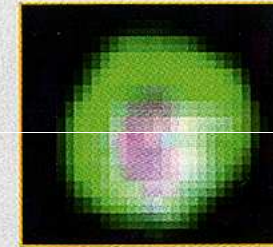
+



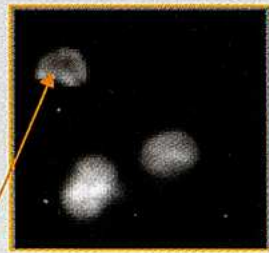
=



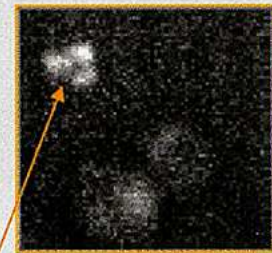
=



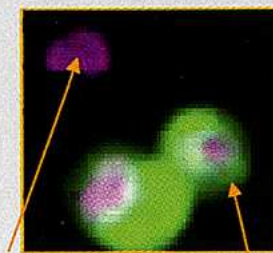
Leukocyte  
nucleus



CD45+  
Membrane



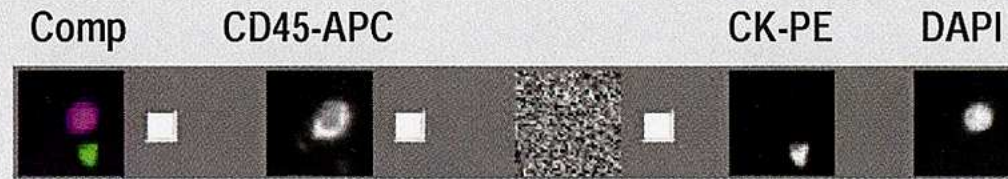
Leukocyte



Tumor Cell



# Leukocytes

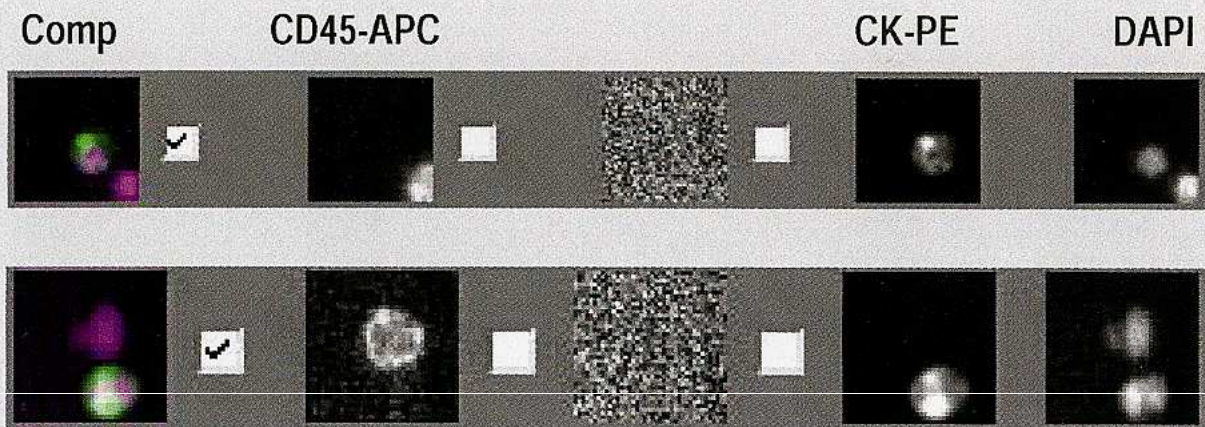


## Leukocytes (CK-PE-/DAPI+/CD45-APC+)

- CK-PE staining in this example is not associated with a nucleus, so it is not a tumor cell
- The nucleic acid staining is associated with staining in the CD45-APC channel, which means that this cell is a leukocyte
- No boxes should be checked



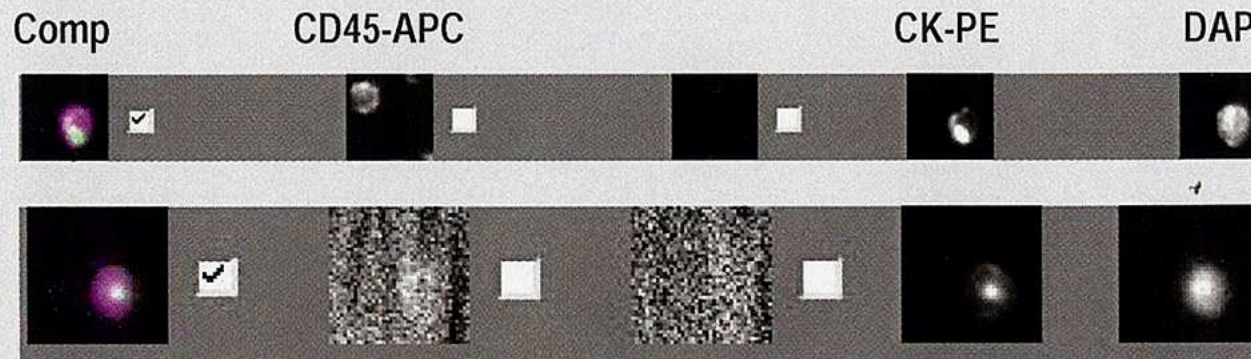
## Tumor Cell and Leukocyte in Same Frame



- A single frame may contain more than one cell
- In the examples above, note that the DAPI channel presents two clearly identifiable nuclei
  - one nucleus corresponds to a CK-PE + cell
  - one nucleus corresponds to a CD45-APC + cell
  - the composite box should be checked in both instances to count the tumor cell



## Tumor Cells with Dim PE and Bright DAPI



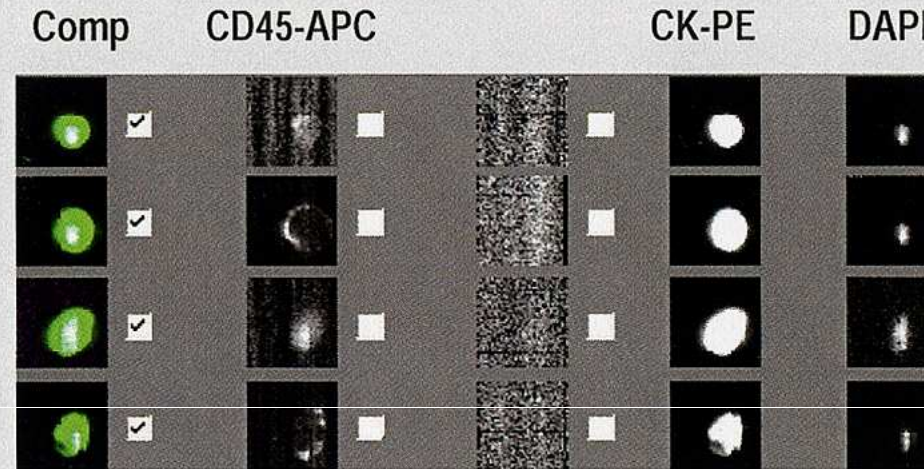
- If the CK-PE image is dim, the DAPI image may appear larger than the CK-PE image
  - Carefully examine CK-PE
  - Dim region in CK-PE is part of the entire cell

Note CD45-APC channel in first example:

A leukocyte is also visible, but no nucleus is visible in the DAPI channel for the leukocyte.



## Tumor Cells: Cytoplasmic Image in APC



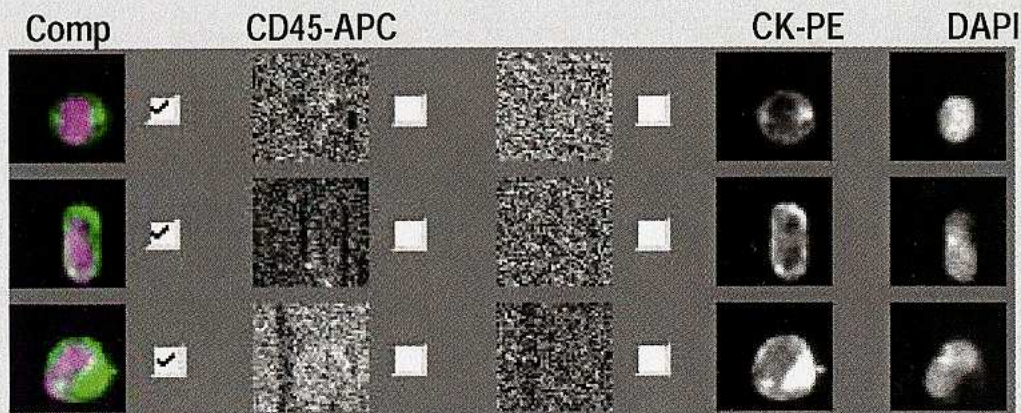
*Dimmer, irregular staining  
(bleed thru) in CD45-APC  
channel*

*Very bright CK-PE channel*

- If image shows a very bright CK-PE image and a dim, irregular or jagged, membrane pattern staining in the CD45-APC channel and all other tumor cell criteria are present, classify the cell as a tumor cell



# Typical Tumor Cells



CK+, bright or dim

Tumor cells- nucleus more than 50% in



CK+, bright or dim

Tumor cells, nuclear shape in APC



Very bright CK+

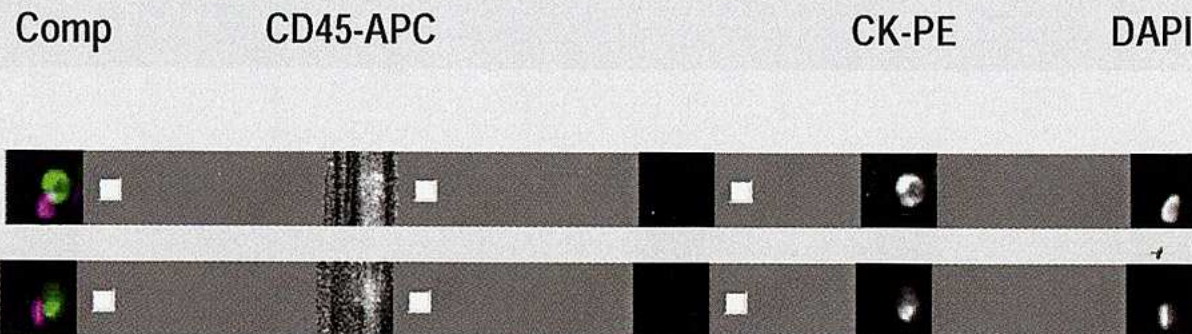
Tumor cells, cytoplasmic shape in APC



Very bright CK+



## Suspicious Objects



### “Detached Nuclei” Suspicious Cells

- Cytoplasm area does not surround the nucleus
- Nucleus appears to overlap the cytoplasm

Note: If many images in the sample display this appearance, it is also possible that the microscope stage has malfunctioned

Suspicious objects should not be counted as tumor cells because their significance has not been established.



## Suspicious Objects



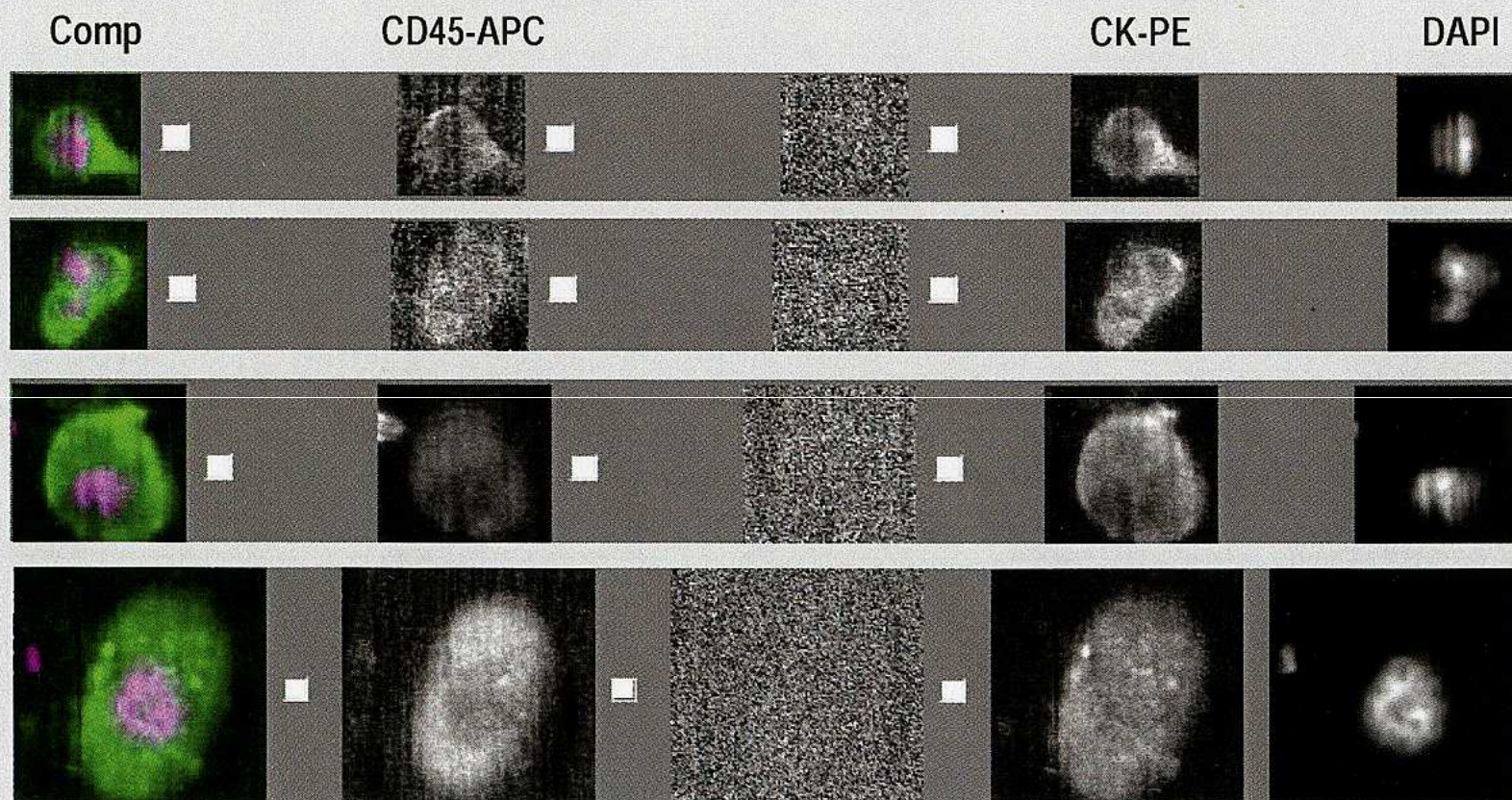
### “Speckled” or “Punctate” Suspicious Cells

- delineated nuclear image
- irregular, speckled cytoplasmic staining

**Note:** Suspicious objects should not be counted as tumor cells because their significance has not been established.

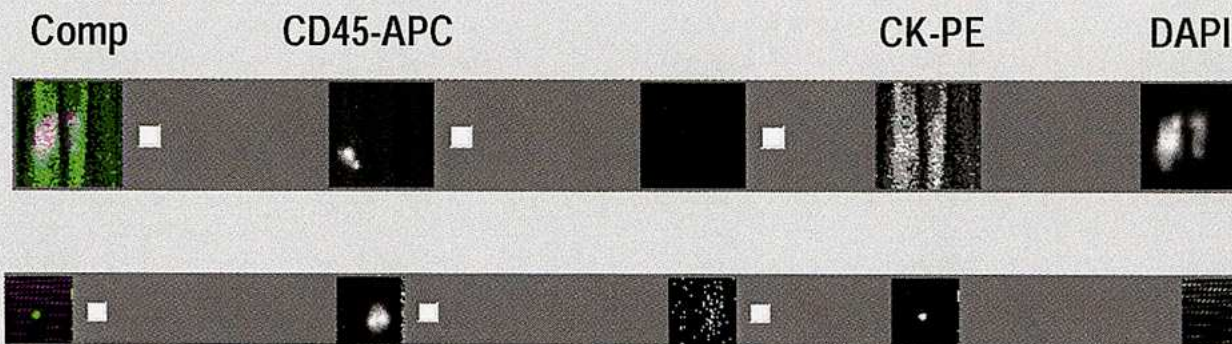


## Not Classified Cells





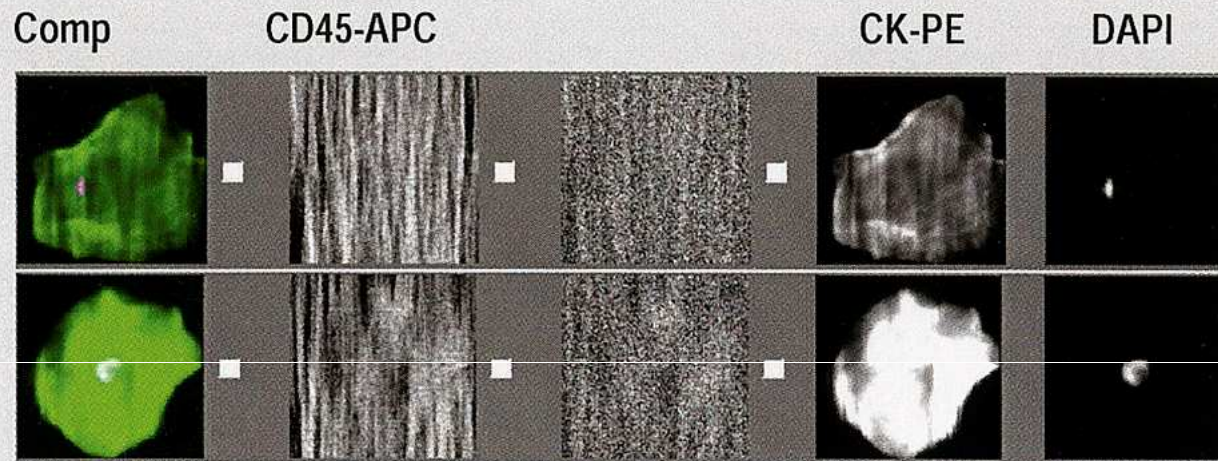
## Computer Noise



- Caused by over-amplification of the CK-PE or DAPI signals
- Easily recognized as non-cellular events.



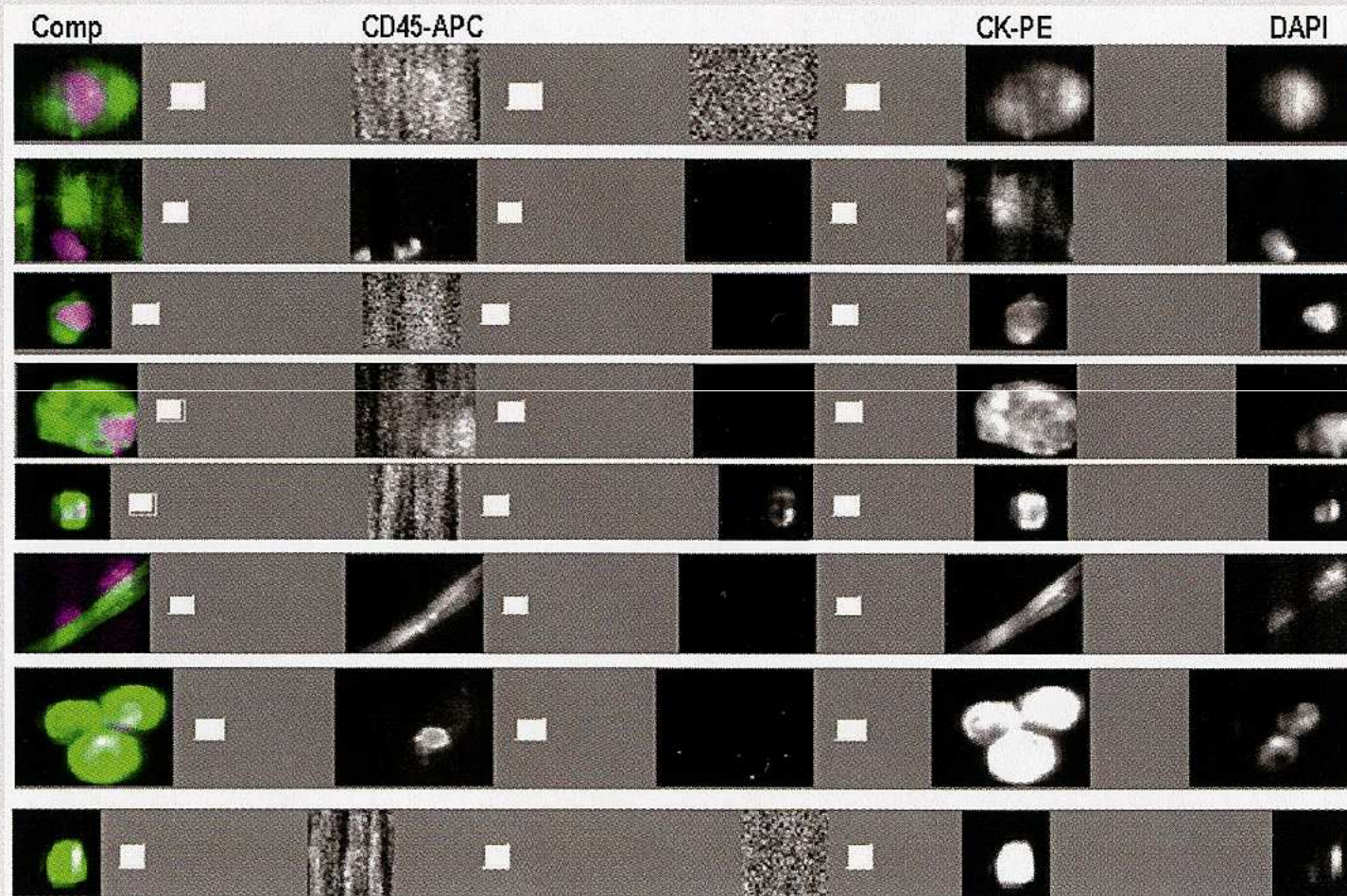
## Squamous Cells



- Easily identified by their low nuclear to cytoplasmic ratio
- “Corn flake” cytoplasmic appearance
- Very large, polygonal cells with round nuclei



# Cell Interpretation Practice





## Research Mode



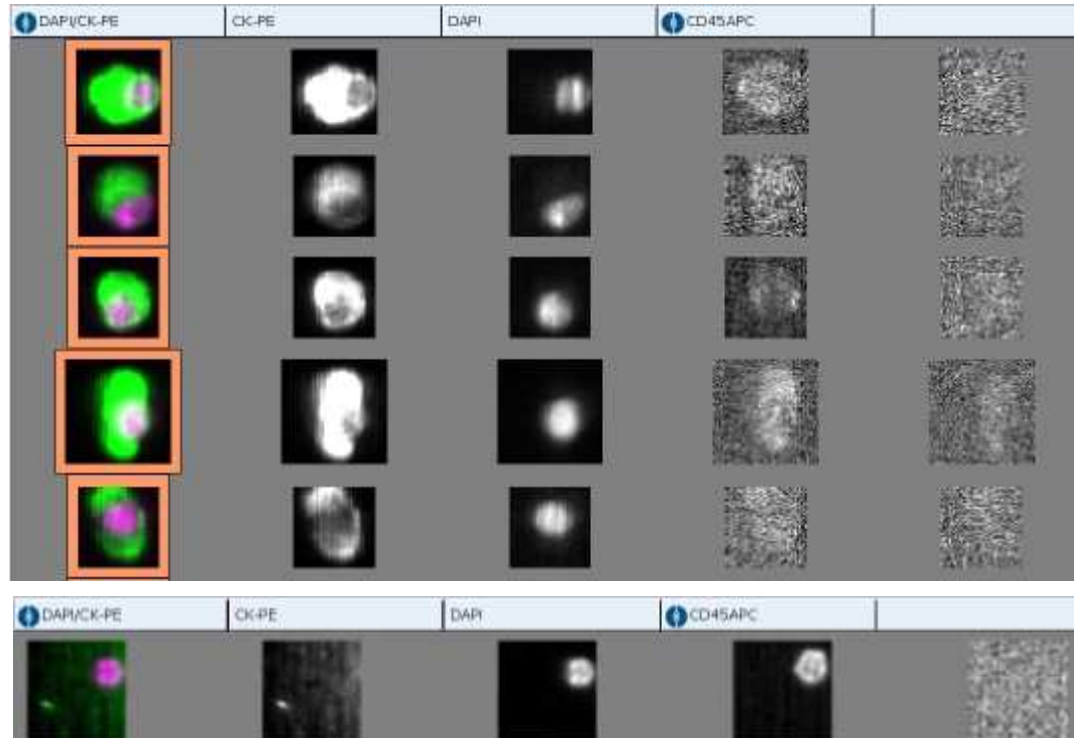
### PE+/DAPI+/APC-/FITC+

Click the composite box and the FITC box to count the target cell as positive for the additional marker.



# Cell Analysis

CTC's  
CK-PE+/DAPI+/CD45-APC-



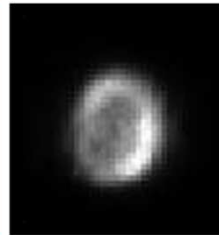
CD45-APC

# CTCs

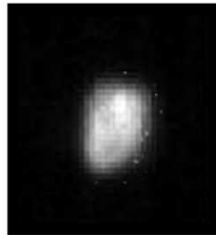
DAPI/CK-PE



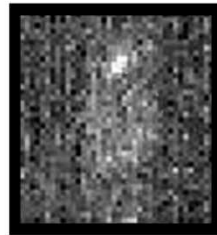
CK-PE



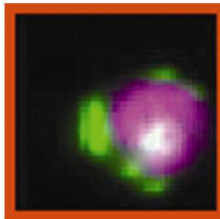
DAPI



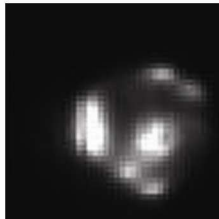
CD45/APC



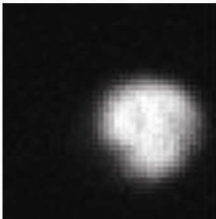
DAPI/CK-PE



CK-PE



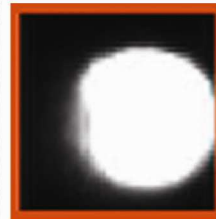
DAPI



CD45-APC



HER2



## CTC REPORT



### PATIENT REPORT

**Facility:** Yale University  
430 Congress St  
New Haven CT,

**Report Date:** 09/17/2009 11:04 AM

**Sample ID:** YA1-B4  
**Volume:** 7.5 mL

**Patient ID:**

**Cartridge ID:** 540008  
**Scan #:** 1

#### Instruments and Operators

##### CellTracks® Analyzer II

**Serial #:** CT0607028  
**Scan Operator ID:** rv  
**Scan Date/Time:** 09/03/2009 07:59 AM  
**First Reviewer ID:** rv  
**Review Date/Time:** 09/03/2009 09:17 AM  
**Last Reviewer ID:** phil  
**Review Date/Time:** 09/10/2009 05:40 AM

##### CellTracks® AutoPrep® System

**Serial #:** AP0606018  
**Operator ID:** rupa  
**Prep Date:** 09/02/2009  
**Prep Time:** 03:12 PM  
**Sample Position:** 4  
**Draw Date:**  
**Draw Time:**

#### Batch Information

##### Reagent Kit

**Kit ID:** CellSearch™ CTC  
**Kit Lot:** 0079  
**Expiration:** 05/20/2010

#### Results

**CTC:** 23  
**CK-PE+/CD45-APC+:** 0  
**Unassigned:** 49

#### Comments

Report Authorization: \_\_\_\_\_ Date: \_\_\_\_\_



# Summary

CTC detection in peripheral blood in clinical practice

- Low frequency (rare): 1 CTC among million red blood cells
- Standardized methods with high degree of reproducibility
- Currently, most data on the prognostic value, available for breast, prostate and colon cancers.
- Multicenter analysis and validation is needed to confirm clinical significance.

## Summary

### CellSearch™ System

- Valuable tool for monitoring cancer patient status and outcome. FDA approved.
- Employs immunomagnetic-enrichment based protocols focused on CTC number as the indicator of patient status or outcome.
- Multi center trial: The number of CTCs was a significant independent predictor of OS and PFS in patients with MBC, MCRC and MPC
- American Society of Clinical Oncology (ASCO): recommendation 2007: CTC test should not be used to make diagnostic or treatment decisions in patients with MBC

## Future Potential and Applications: CTCs

- Guide prognosis: Metastatic and early stage cancer patients
- Measure response to anticancer Rx: predictive biomarker
- Select patients for adjuvant chemotherapy
- Detect recurrent disease
- 'Real time biopsy': Surrogate for Tumor biology
- Molecular characterization: Discover and identify new targets for therapeutic manipulation

# Conclusion

- CTC level ( $< 5$ ): Favorable, this may imply a good response to treatment.
- Caution is warranted because of the lower sensitivity of the CTC test.
- Radiologic disease progression should not be ignored on the basis of a favorable CTC level.
- Favorable CTC level with overt radiologic progression may still suggest a better outcome

# Conclusions

## The CellSearch System (Veridex)

- Morphology skills highly similar to those of the Cytopathologist
  - Interpretation and Enumeration of CTCs.
  - Protein expression patterns of CTC (ER,PR,HER2, EGFR), additional prognostic information.
- Cytopathology lab with trained cytotechnologists and cytopathologists
  - Natural location for this technology in the healthcare delivery system.



# Acknowledgements:

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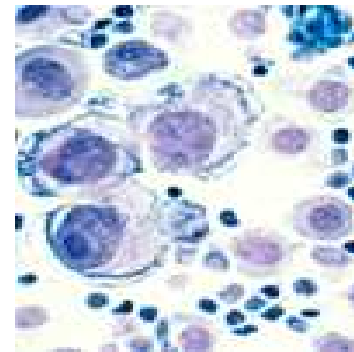
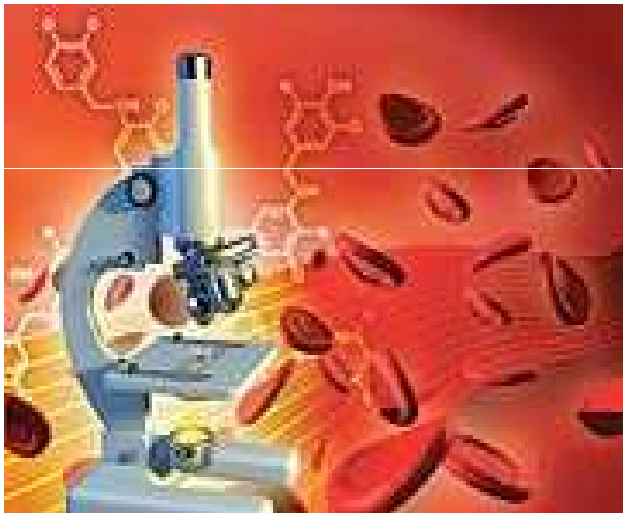
Veridex

Brian Zuchelkowski

Vera Gibson

# History

- Breast Group CEC/CTC Enumeration Study



# What does it cost?

Product Code	Item	Price
7900000	CellSearch™ Epithelial Cell Kit (RUO) – 16 tests per kit	\$2,800/kit
7900001	CellSearch™ Epithelial Cell Kit (IVD) – 16 tests per kit	\$2,800/kit
7900002	CellSearch™ Epithelial Cell Control Kit RUO – 24 tests per kit	\$240/kit
7900003	CellSearch™ Epithelial Cell Control Kit IVD – 24 tests per kit	\$ 240/kit
7900004	CellSearch™ Profile Kit (RUO) – 16 tests per kit	\$1,040/kit
7900006	CellSearch™ Tumor Phenotyping Reagent HER-2/neu (RUO)	\$600.00/kit
7900007	CellSearch™ Tumor Phenotyping Reagent MUC-1 (RUO)	\$600.00/kit
7900011	CellSearch™ Tumor Phenotyping Reagent EGFr (RUO)	\$600.00/kit
7900009	CellSearch™ Circulating Endothelial Cell Kit (RUO)	\$2800.00/kit
9528****	CellSave® Preservative Tubes – 100 tubes per pack	\$495/Pack
7043****	CellTracks® AutoPrep Instrument Buffer – 20L per pack	\$30/package

**Lab cost around \$175 per test**

**CPT Codes:**

**88346 x 3 (immunofluorescent study) = \$380 x 3 = \$1140**

**88361 x 2 (morphometric analysis, IHC ) = \$505 x 2 = \$1010**

**88313 x 1 (special stain) = \$210**

**Charge \$2360 per test**

# Total Costs

Medicare Reimbursement Avg: \$777.53

Labor/Overhead: \$386.00

$\text{Labor/Overhead} + \text{Cost per test} = \$386.00 + \$175.00 = \$561.00$



# Tests Requirements

- High Complexity Tests
- Pathologist and cytotechnologist (certified by Veridex)
- Cell Interpretation Proficiency Assessment
- PT Test Requirement



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